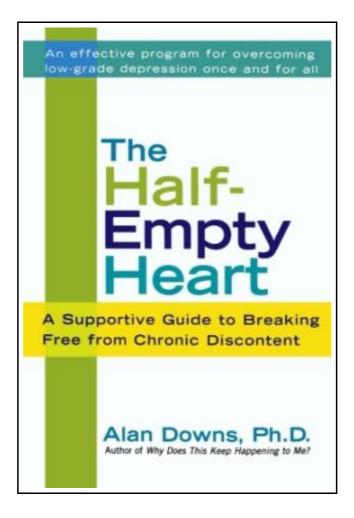
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THE HALF-EMPTY HEART: A SUPPORTIVE GUIDE TO BREAKING FREE FROM CHRONIC DISCONTENT



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