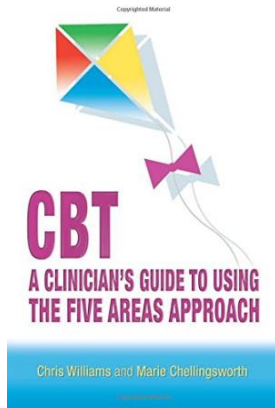


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CBT: A CLINICIAN'S GUIDE TO USING THE FIVE AREAS APPROACH



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